

Trails Topics

Towamensing Trails Property Owner Association, Inc. • P.O. Box 100 • Albrightsville, PA 18210

VOLUME 3/NO. 4 Towamensing Trails Property Owner Association, Inc

October-November 2007

Board of Directors Update

by Bill Doscher

Well another summer has passed and we are happy to say that we have survived.

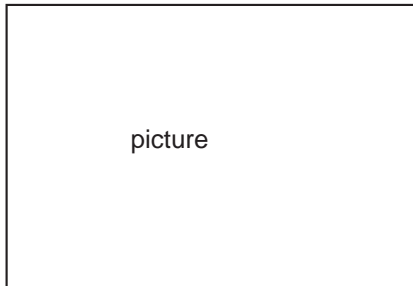
We had a relatively peaceful summer season. We had a few incidents with our teenagers, (Security and the State police were involved.) We had our regular complaints about the beach and pool. We must stress

that our hours are thought over quite carefully and everything is contingent on us being able to have a full staff of lifeguards. Swimming was not allowed at the beach area if we did not have lifeguards. (For liability reasons)

We have checked with numerous communities in the vicinity and we are in the norm.

One other problem has been with ATVs. You must be a property owner to

register these vehicles. We do not have ATV trails in our community, and when you ride in the woods you



are on private property or on our common grounds. Other communities in the area have lodged complaints about our property owners riding in their communities. We have had complaints from the DCNR. The only place that you may ride is on our roads. If the practice of people ignoring private property continues the BOD will be forced to take more stringent measures. It is a shame that this priv-

ilege may be stopped to the many because of the actions of a few.

Another bothersome point is the speed bumps. They have been effective but again it is a shame to have to resort to this because of the speeders in the Trails. The sad part is that most of the speeders are Trails property owners not renters or guests.

On a lighter note we have blacktopped almost

eight miles of roads. The cost of this undertaking was \$542,721.63.

The maintenance building should be completed shortly.

The BOD would like to thank all of the women in our office especially our office manager Miriam for the great job that they did during this summer season.

We would also like to thank Russ and his staff of maintenance workers for the great job that they did even though under staffed.

Last but not least our kudos go out to Eric and the Pool & Beach staff for a job well done.

Your BOD for the 2007-2008 term is as follows.

President Bill Doscher
Vice President Patrick Craig
Treasurer Ron McCuen
Secretary Dolores Cosgrove
Directors Stacy Venetos
Chris Sunda
Joan McKenna

Towamensing Dam News

By Bill Doscher

On Wednesday, August 15 Ron McCuen, myself and our dam coordinator Pat Anderson met with the Department of Dams in Harrisburg PA.

I am happy to report that the Dept. of Dams is very

pleased with our pro active stance with our dam.

We discussed our options in addressing some of our problems with the dam. We must replace the drain pipe which goes through the dam. The existing pipe is over 25 years old and is from all indications collapsed in spots.

Another concern of theirs was the 100 year flood model. They have tentatively given us permission to cut an earthen spillway to handle the over flow if it should occur.

We are awaiting the proposal from our engineering firm as to the costs

involved.

The Department of Dams is working with us and has been very lenient as to the time frame that this work must be done. The lake may have to be drained down some but we will try to coordinate all work so that it will not be an inconvenience to our property owners.

The BOD is very appreciative of Pat Anderson (or as he likes to be called dam Pat Anderson) for stepping up to the plate and coordinating everything with the Department of Dams.

TLTC News

Everyone welcome!

(TLTC membership is only required for the purchase of alcoholic beverages.)

Note: By law no one under 21 is permitted without a parent or legal guardian.

For information phone 570-722-TLTC (8582) or visit our website at www.trail-slaketennisclub.com/tltc.asp

Dinner Specials Friday & Saturday - Check out our blackboard for Friday and Saturday dinner specials. Kitchen hours are:

Dinner Served:

Friday	5 p.m. - 10 p.m.
Saturday	5 p.m. - 9 p.m.

Bar Menu Available:

Thursday	from 5 p.m.
Friday	5 p.m. - 10 p.m.
Saturday	Noon - 9 p.m.
Sunday	1 p.m. - 6 p.m.

- Join us Monday for Tacos (2 for \$1.75), Tuesday for Pizza (\$3.75), Wednesday for Wings (\$.30 each - sorry no take-outs), and Thursday for the bar menu.

Fall/Winter Lounge Hours

Monday - Wednesday	4 p.m. - 10 p.m.
Saturday	Noon - 2 a.m.
Thursday	4 p.m. - 11 p.m.
Sunday	Noon - 8 p.m.
Friday	2 p.m. - 2 a.m.

- Thursday night Shuffleboard will be starting up soon! Stop in early to sign up!!

Reminder: The TLTC is a meeting place for family and friends. We encourage everyone to enjoy the food, drink and company of others. We ask that those with small children please be mindful that we are serving hot food. For the safety of everyone, we cannot allow running in the lounge or sliding on the dance floor. We would also like to remind parents with children that the club's rule is everyone under the age of 21 MUST leave the club by 10 p.m. Fridays, 9 p.m. Saturdays and 9 p.m. all other evenings.

The TLTC Board of Directors would like to thank the membership and patrons for a great summer!

Property Tax/Rent Rebate Program

Governor Edward G. Rendell and the Pennsylvania legislature enacted a law to dramatically expand the Property Tax/rent Rebate Program to give more Pennsylvanians a rebate and increase the amount of the rebates.

Claimants or spouses 65 years of age or older, widows or widowers 50 years of age or older and the permanently disabled 18 years of age or older may qualify for this program.

The deadline to apply for a rebate has been extended from June 30th to December 31st. You can order the form on line at PA Department of Revenue.gov, or you may pick up the form at Representative Keith McCall's office at the Frosty Mountain office on Rt.903. They will assist you if necessary.

2007 TTPOA Activities Events

October 27 - Children's Halloween Party (TLTC Lounge 10 a.m. - Noon)

December 1 - Children's Christmas Party (TLTC Lounge 10 a.m. - Noon)

903

absolute

at your service

Advisory & Planning Committee

The Advisory and Planning Committee is compiling and revising the TTPOA policies and procedures manual, including mission statements and responsibilities for all committees. The Advisory Committee is re-designing signs to be used at all entrances to the Trails. Advisory is developing priority projections for the short and long term critical needs of the Community, and is working toward enhancing the existing avenues of communication and developing new ones in order to better inform all property owners of changes in current rules, requirements and activities. TTPOA BOD instituted a new ROADS subcommittee within Advisory & Planning to oversee the planning & implementation of all paving projects.

The Committee welcomes your input on these and other important issues facing our Community. In addition to your ideas, we invite your participation by volunteering to fill the two open seats on the Advisory Committee. Contact the Trails office for input or additional information.



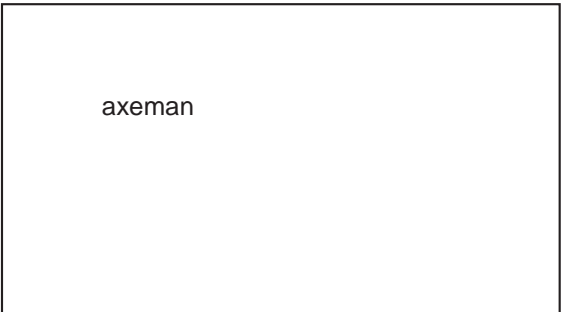
Emergency Management Committee

The Emergency Management Committee took part in the June 30, 2007 Fun Day. A table displaying our Firewise membership placard from the DCNR, emergency route signs and educational materials was presented. The CERT group was also present to distribute their educational materials.

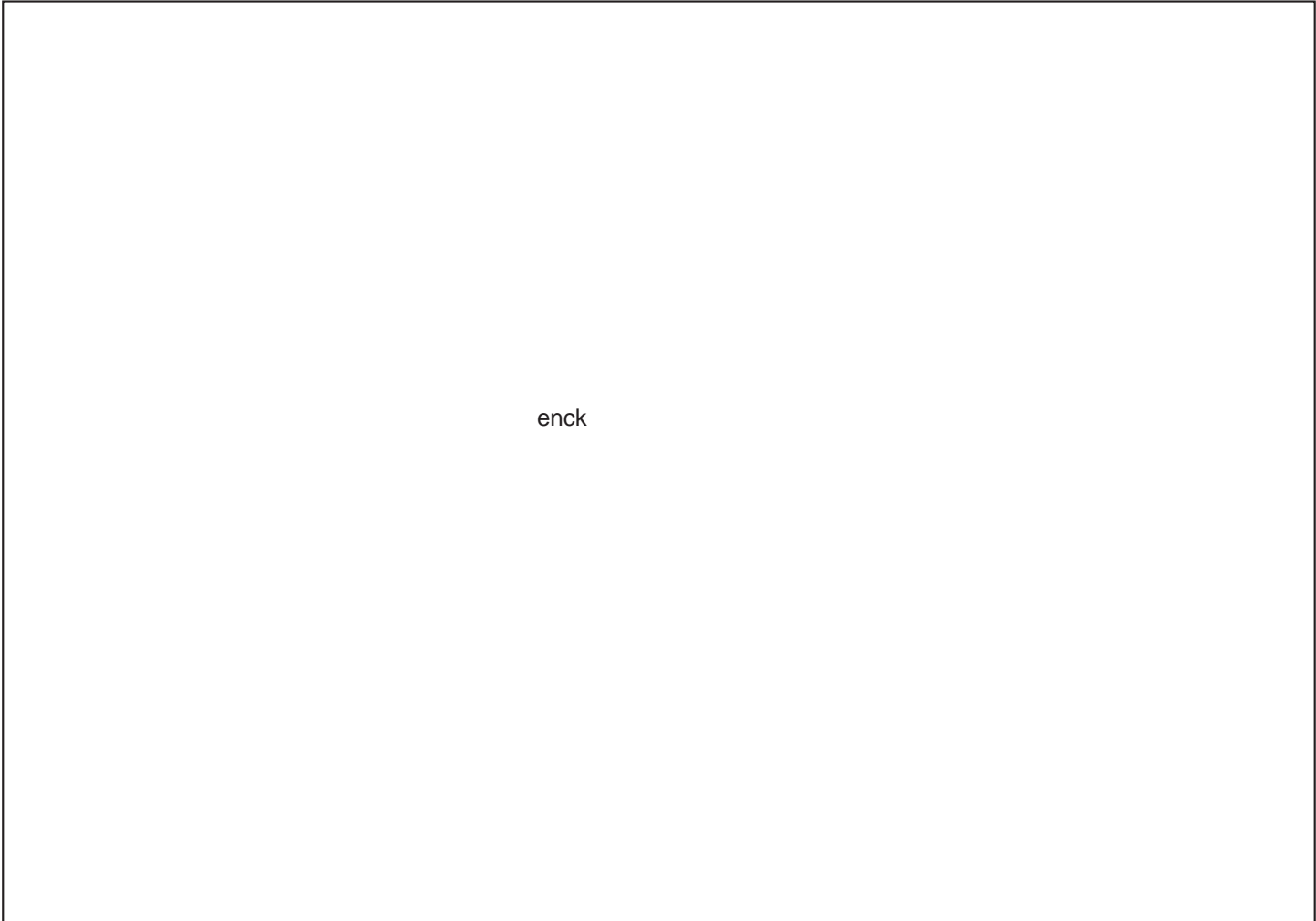
Penn Forest #2 Fire Company along with Smokey the Bear from the DCNR entertained the children.

The Firewise Committee is up for a national recognition award.

A CERT class is going to be held at Towamensing in the near future, if you are interested in helping out our community and looking out for the welfare of others, then call the office for details.



axeman



enck

Advisory & Planning Committee

The Advisory and Planning Committee is compiling and revising the TTPOA policies and procedures manual, including mission statements and responsibilities for all committees. The Advisory Committee is re-designing signs to be used at all entrances to the Trails. Advisory is developing priority projections for the short and long term critical needs of the Community, and is working toward enhancing the existing avenues of communication and developing new ones in order to better inform all property owners of changes in current rules, requirements and activities. TTPOA BOD instituted a new ROADS subcommittee within Advisory & Planning to oversee the planning & implementation of all paving projects.

The Committee welcomes your input on these and other important issues facing our Community. In addition to your ideas, we invite your participation by volunteering to fill the two open seats on the Advisory Committee. Contact the Trails office for input or additional information.



Activities Committee

Halloween:

The Children's Halloween Party will be held on Saturday, October 27 from 10 a.m. to 12 noon in the lounge at the Community Center.

Children ages 10 and younger are welcome and must be registered at the TeePee (570-722-0302) before October 20. Because of limited space, no more than two (2) adults per child may attend.

As always, if you are able to bring refreshments, it is appreciated.

Christmas Party:

The Children's Christmas Party will be held on Saturday, December 1 from 10 a.m. to 12 noon in the lounge at the Community Center.

Children ages 10 and younger are welcome and must be registered at the TeePee (570-722-0302) before November 24. Because of limited space, no more than two (2) adults per child may attend.

Santa will be stopping by so come and visit. Feel free to bring refreshments. They are always appreciated!

Volunteers:

We're still in need of volunteers! If you are interested in joining the Activities Committee, please fill out an application. Applications are available at the TeePee or can be downloaded from the Trails' website at www.towamensing.com

hayman
water

st. luke'sminers

H & S Homes

Broadway Bound

On Wednesday, July 11, four couples from Towamensing Trails went to the Pocono Playhouse to enjoy the play, "The King and I." It was a wonderful rendition of an unforgettable story that many of you have probably seen. The next day they were pleasantly surprised to learn that one of the young actors is the grandson of our neighbors, Diann and Pat Anderson. Diane and Pat are residents of Towamensing Trails since 2004

and reside on Emerson Drive. They are proud to report that in the play their grandson Collin Anderson portrayed the King's son, Prince Chululongoran. Collin's actor friend, Storm Hurwitz was also in this play, portraying Anna's son, "Lewis." Both boys were staying at the home of Pat and Diane's while taking part in this venture. Collin Anderson is twelve years old and is the son of the Anderson's daughter, Megann. He first

became interested in performing on stage, at the age of six, when his mom took him to see "The Phantom of the Opera." With the help of his mom, he began auditioning at the Bucks County Playhouse in New Hope, PA. He performed in 25 shows over three seasons including "Music Man" and "Annie."

Collin loves being on stage, meeting new people and enjoys the audience response. He especially likes the interaction among the actors, doing musicals and particularly the fun of playing different characters.

He also has done a couple of TV commercials for the "Remote Control Ro-

bots", and had a photo shoot for the Commerce Bank.

Collin is looking forward to more stage work in the fall and again next summer at the Bucks County Playhouse and the Pocono Playhouse and perhaps other theaters. He has an agent working with him and is always ready with photos and résumé to audition for more plays.

Collin is very grateful for the help and support of his parents and grandparents. He also wants to thank Jamie and Megann for their help and useful tips.

Storm Hurwitz is thirteen years old and started acting at the age of ten. This summer he has performed in the "Wizard of

OZ" and Jack and the Beanstalk at the Open Air Theater in Windsor, NJ. He has also performed in the Bucks County Theater in New Hope, PA, where he met Collin. He is looking forward to appearing in the performance of Falsetto at the Kelsey Theater in Washington Crossing State Park, Titusville, NJ. Storm is hoping to do more plays at the Pocono Playhouse and the Bucks County Theater next summer.

Storm has taken one year of Jazz lessons, vocal lessons and acting lessons. He auditioned for the "Christmas Carol" at the Walnut Street Theater in Philadelphia. He did not get the part, but he did win a scholarship for his efforts.

Storm too is hoping to continue working on stage in whatever comes along. He is grateful to his mom and three brothers for the encouragement and support they have given him. He also owes thanks to Jamie and Megann for their help and tips on performing.

We wish good luck (or I should say, "Break a Leg") to these talented boys before each future performance

Architectural Control Committee

The Architectural Control Committee is always looking for volunteers, whether you are full time or part time resident. Just stop at the office for an application. Fall is rapidly approaching if you are planning fall projects; please make sure you have the proper permits. If you projects require removal of trees a permit is needed. If you are unsure, please contact the office at 570-722-0302.

**Submitted by
Dave Michael, Chairperson.**

Publication Committee Report

Once again we encourage Property Owners to send in articles of interest to Lauren at the Teepee office using email address to LaurenS@Towamensing.com.

When doing so, please add your name and phone number.

sunridge homes

drew envi-
rokleen

Cancer Update from John Hopkins

Dioxins are highly poisonous to the cells of our bodies. Don't freeze your plastic bottles with water in them as this releases dioxins from the plastic.

Recently, Edward Fujimoto, Wellness Program Manager at Castle Hospital, was on a TV program to explain this health hazard. He talked about dioxins and how bad they are for us.

He said that we should not be heating our food in the microwave using plas-

tic containers...

This especially applies to foods that contain fat. The combination of fat, high heat, and plastics releases dioxin into the food and ultimately into the cells of the body. Instead, he recommends using glass, such as Corning Ware, Pyrex or ceramic containers for heating food....You get the same results, only without the dioxin. Such things as TV dinners, instant ramen and soups, etc., should be re-

moved from the container and heated in something else.

He reminded us that a while ago some of the fast food restaurants moved away from the foam containers to paper. The dioxin

problem is one of the reasons.

He also pointed out that plastic wrap, such as Saran, is just as dangerous when placed over foods to be cooked in the microwave. As the food is nuked, the

high heat causes poisonous toxins to actually melt out of the plastic wrap and drip into the food. COVER FOOD WITH A PAPER TOWEL INSTEAD.

Johns Hopkins- Cancer News from Johns Hopkins
Sent by email from England, UK



Nothing like a hungry visitor in your back yard. This big fellow (about 350-400 lbs) came to visit in between the McKenna's and Elliotte's back yard last week. Beware! Wiley & Old Stage Rd

reilly's pub

holmberg homes

Invasive Plants

Invasive plants may look pretty but they can pose a serious environmental threat in your own backyard. An invasive plant has the ability to thrive and spread aggressively outside its natural range. A naturally aggressive plant may be especially invasive when it is introduced to a new habitat. An invasive species that colonizes a new area may gain an ecological edge since the insects, diseases, and foraging animals that naturally keep its growth in check in its native range are not present in its new habitat.

Some invasive plants are worse than others. Many invasive plants continue to be admired by gardeners who may not be aware of their

weedy nature. Others are recognized as weeds, but property owners fail to do their part in preventing their spread. Some may not even become invasive until they are neglected for a long time. Invasive plants are not all equally invasive. Some only colonize small areas and do not do so aggressively. Others may spread and come to dominate large areas in just a few years. These alien invaders establish themselves in new areas and eventually supplant native species threatening the ecosystem.

Some found in our area are Purple Loosetrife (purple spiked flowers) Kudzu vine which grows out of control and smothers native plants and can even uproot trees by the force of its weight, Multiflora Rose, Japanese Honeysuckle, Tree-of-heaven which can grow just about anywhere that is not in shade (also

known as stinking sumac), Garlic Mustard, Oriental Bittersweet and the most common is crown vetch. Crown Vetch was introduced into Pennsylvania to control erosion but now is being removed.

I recently read that Carbon County's eco-system is fighting a war against invasive species and spending a lot of money to control these plants. We can help by not buying invasive plants, removing them from our yards and replacing them with native species.

**Adapted from articles
by The Nature Conservancy and The
United States National Arboretum**



Sick

"I cannot go to school today."
Said little Peggy Ann McKay.
"I have the measles and the mumps.
A gash, a rash and purple bumps.
My mouth is wet, my throat is dry.
I'm going blind in my right eye.
My tonsils are as big as rocks,
I've counted sixteen chicken pox
And there's one more -that's seventeen.
And don't you think my face looks green?
My leg is cut, my eyes are blue -
It might be the instamatic flu.
I cough and sneeze and gasp and choke,
I'm sure that my left leg is broke -
My hip hurts when I move my chin,
My belly button's caving in.
My back is wrenched, my ankle 'sprained
My 'pendix pains each time it rains.
My nose is stiff, my voice is weak,
I hardly whisper when I speak.
My tongue is filling up my mouth,
I think my hair is falling out.
My elbows bent, my spine ain't straight,
My temperature is one-o-eight.
My brain is shrunk, I cannot hear,
There is a hole inside my ear.
I have a hangnail, and my heart is -what?
What's that? What's that you say?
You say today is...Saturday?
G'bye, I'm going out to play!

**Taken from "Where the Sidewalk Ends"
The poems and drawings of
Shel Silverstein**



pocono resorts

Are you Prepared?

An average of 106,400 wildfires break out each year. Nine out of ten of these fires are started by people like us. Wildfires consume an average of 4,083,347 acres in the United States each year. Fires kill more Americans than all other natural disasters.

Are you prepared to deal with a wildfire in your area? The Federal Emergency Management Agency has outlined several suggestions that you can implement to help safe guard your property.

All vegetation is fuel for wildfire. To reduce the risk,

keep the volume of vegetation to a minimum. Cover attic and soffit vents with wire mesh to eliminate embers and flaming debris from entering and igniting the home. Install spark arrestors on chimneys and stovepipes to prevent embers from escaping. Install smoke alarms on every level of your home and near sleeping areas. Keep tools for extinguishing a fire nearby: a 100 ft. garden hose, shovel, rake, ladder and bucket.

Make sure your 911 house number (NOTYOUR LOT NUMBER) is posted and visible from the road-

side. Your driveway should be at least 12 ft. wide with adequate turnaround space for emergency vehicles.

Be ready for an emergency evacuation. It may be the only way to protect your family in a wildfire. Design an emergency evacuation plan and be ready for action. Follow the blue arrows posted throughout the community as you evacuate.

Know the Rules of Conduct regarding fires in Towamensing Trails:

- 1. NO FIRES are permitted in the Trails if there is a Township, County, Region,
 - a. Or State ban of fires. Violation of the regulation will result in a fine of up to
 - b. \$500.00 + costs.
- 2. Because of the risks involved, homeowners may burn leaves and twigs only in a metal container covered with a screen, provided a fire company, Security, and the TTPOA

office are previously notified of such a burning. Violations carry a fine of \$100.00 + costs for the first offense, \$250.00 + costs for the second and \$500.00 + costs for all subsequent violations.

a. Ashes and logs MUST NOT be placed in the trash compactor!!!! Violators will be subject to a fine of up to \$100.00 + costs for the first offense, \$250.00 + costs for the second and \$500.00 + costs for all subsequent violations. Homeowners are requested to inform their renters/guests of this regulation as you, the property owner, are responsible for the actions and are directly responsible for fines assessed to renters or guests.

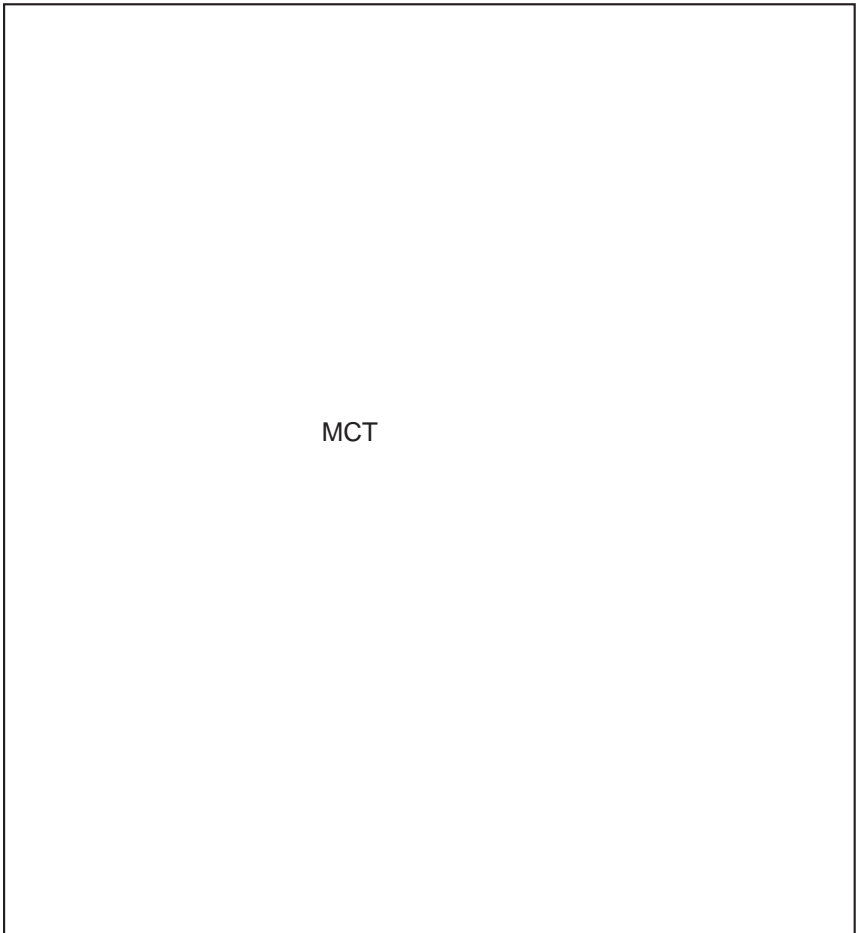
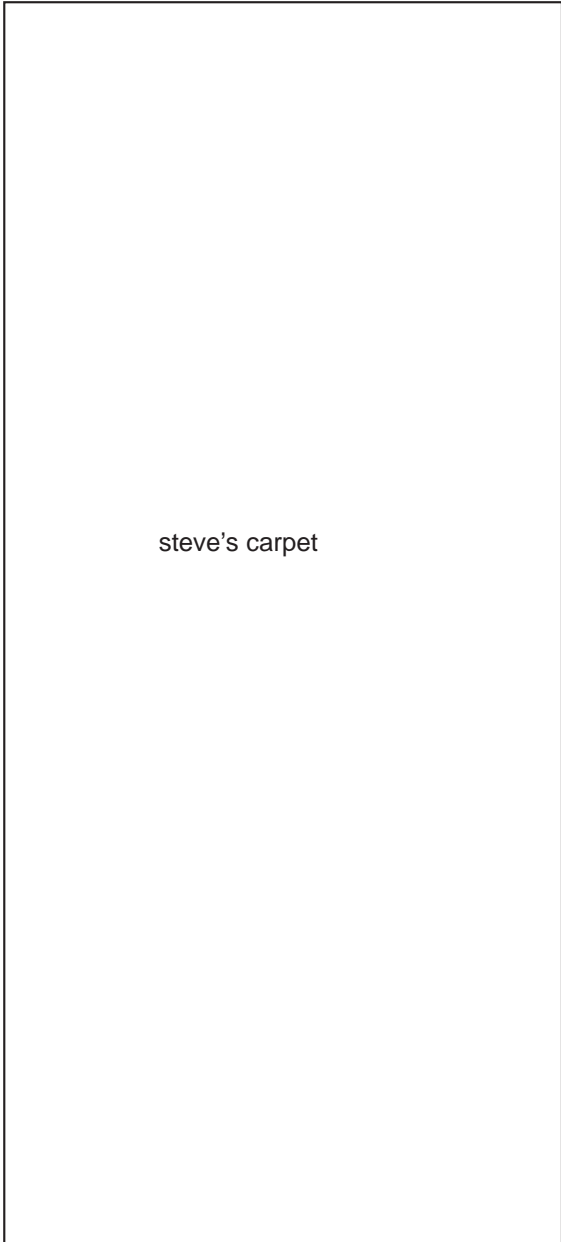
3. Recreational Fires - Property Owners only - require written Board approval as to time, location and reason, as well as notification of Security

and one of the fire companies. Appropriate measures for supervision and fire control are required. Such fires are permitted only if:

- a. Made in clearing, not under overhanging trees.
- b. Ground must be dug up and loosened six inches deep and six feet in diameter.
- c. Stones are to ring this site, five feet in diameter, leaving six inches dug up around and beyond the stones.
- d. Flame height is limited to two (2) feet.
- e. A hose must be ten (10) feet from the fire, turned on and ready for use.

The preceding regulations are required to prevent underground spread of fire along roots. Violations will result in a fine of up to \$500.00 + costs.

IF YOU SEE A WILDFIRE - CALL 911 - DON'T ASSUME SOME ONE ELSE HAS ALREADY CALLED!!!



How about this...

Bats' sense of touch helps them navigate. When bats fly, air flows past tiny hairs growing out of touch-receptor bumps along their wings. If a bat's wing isn't curved a certain way during flight, the air becomes turbulent. The hairs detect that turbulence and convey the information to the bat's

brain. The bat can then correct its course and avoid collisions, even in total darkness. Ohio University neuroscience professor John Zook recently tested this by using hair-removal cream on bat's wings. The depilated bats could fly straight, but when they attempted to make sharp turns, they

would suddenly drop or jump in altitude. When the hairs grew back, the bats were again able to turn normally.

Whales may sing in different dialects. Underwater microphones developed to detect earthquake rumblings have been picking up whale conversations. Biologists studying the recordings have detected distinct tones and patterns that vary with the whales'

home waters: Blue whales in the northwest Pacific sound different from blue whales of Antarctica. Scientists think that the dialects might help coordinate movement of whale groups and prevent

inbreeding. Further research may reveal whether the dialects are part of a common language and whether they arise from genetics or are learned.

Adapted from the National Geographic magazine

Healthscare of the Week

Infections plague contact wearers: for the second time in a year, a dangerous and potentially blinding eye infection is breaking out among contact lens users, says *New Scientist*. The new outbreak of acanthamoeba keratitis, caused by a parasite commonly found in drinking water, and has involved at least 138 patients so far. It's been linked to the use of AMO's Complete Moisture Plus Multi-Purpose Solution, though the company hasn't been able to find any infected samples. The disease is difficult to treat, and up to half the people who contract it may require corneal transplants or even whole-eye transplants. Acanthamoeba "is basically found every

where," in tap water, lakes, and hot tubs, says ophthalmologist Steven Verity. Usually, a protective layer of cells on the cornea prevents the parasite from embedding itself. Some researchers believe that the use of new types of silicone lenses combined with moisture-locking contact-lens solutions dismantles the protective layer of cells, creating a "perform storm" that makes the eye vulnerable to infection. Doctors advise people who wear contacts to change their eye solution every day (rather than reuse solution left in lens cases), and to avoid splashing tap water into their eyes.

Taken from The Week magazine

hotel jonas

John's plumbing

e-rosa

New Boy Scout troop in Albrightsville

We are pleased to announce that St. Paul's Lutheran Church in Albrightsville has generously offered to sponsor a Boy Scout Troop. This will be the first one in the Albrightsville - Lake Harmony - Penn Kidder area. Boy Scouts Troops serve area youth who have completed the fifth grade, or are 11 through age 17. Scouting provides positive development in character, citizenship and leadership. All boys of all faiths are invited. As we prepare to start this new troop we are looking for interested adults to serve as organizers and leaders. While former Scout Leaders and Eagle Scouts are particularly sought, any interested adults, male or female, are invited. Comprehensive, free training is provided. If any one is interested, please call 722-0212.

Committee Dates

Committee	Date of Meeting
Board of Directors	Second Saturday of the Month
Emergency Management	When Necessary
Advisory & Planning	Forth Saturday of the Month
Lake Preservation, Fishing & Boating	When Necessary
Publications	First Tuesday of the Month Proof Reading first Friday every other month
Civil Penalty	Third Saturday of the Month Closed Meeting
Activities	When Necessary
Firewise	When Necessary
Community Emergency Response Team	June 22, Sep 28, Dec 7
Architectural Control	First Saturday of the Month Closed Meeting

hrobuchak

jtnb

control security

What would you do if you turned on your faucet and no water came out?

Hopefully your well pump burned out which would be a lot cheaper to replace than having to drill your well deeper.

Drilling a well consists of drilling through many layers of earth (also known as bedrock) until an aquifer, which is a flowing source of water, is reached that is of good quality drinking water and flowing at the proper pressure for the pump installed to meet the needs of the home.

Since a lot of the homes in Towamensing

Trails are "drilled into" the same aquifer, it is important for all of us to conserve water in order to prevent wells from going dry.

Here are some water conservation tips:

Inside

Take shorter showers rather than baths

Run clothes washers at the proper level

Run your dishwasher at full loads

Replace older appliances with high efficiency models that use less water and energy

If washing dishes by hand, don't run the

rinse water continually at full force

Replace leaking faucets

Install water saver shower heads

Install low flush toilets which use only 1.6 gallons of water per flush

Keep drinking water in the refrigerator to avoid running water from a faucet until it is cold

Outside

Plant plants which are drought resistant and will not need extra watering

Create a catch barrel for rainwater to use for watering - be sure to keep it closed to prevent mosquitoes from breeding

Water in the early morning or evening hours to cut down on evaporation

For more drought information and water conservation tips visit www.dep-web.state.pa.us - keyword: drought

For information on management of wells in Pennsylvania, visit Penn State's web site at www.sfr.cas.psu.edu/water

The Department of Environmental Protection in Harrisburg issued a drought watch for Carbon County earlier this month and asked everyone to voluntarily conserve water because groundwater and stream flow levels were on the decline. As of August 25th even after all the rain we have had Carbon County is still in a drought watch and county officials have a task force looking into the severity of the drought. They will see how many wells have gone dry and how far they would have to drill to reach the water table as well as monitoring the river, creeks and dam levels. This is a serious situation and we all need to do our part to conserve this precious and life giving resource. In a "drought emergency" declaration bans the nonessential use of water such as car washing and lawn watering. These regulations apply to everyone including homeowners with private wells

We also ask that you don't use pesticides or fertilizer - they might contaminate your well or your neighbors

PLEASE BE CONSIDERATE OF OTHERS

Submitted by Iris Turney based on information from *The Times News* and The Pennsylvania State University website

c21 maggie



Minor Change to Drunk Boating Law

Gov. Ed Rendell signed a bill into law Monday that adds some minor changes to a boating while under the influence law which already took effect in January when a lower blood alcohol content level became law to finally coincide with that for motorists.

Dan Tredinnick, a spokesman for the Pennsylvania Fish and Boat Commission, Tuesday said the big change in the law was actually passed in November of last year when the BAC limit for violators was lowered from .10 percent to .08 percent.

He said that "brings it back in line with the levels for driving under the influence."

When lawmakers lowered the BAC for motorists a few years ago, they didn't do the same for boaters, which had been the case in the past.

"So that was corrected last year" and became effective Jan. 1, he said.

The minor changes in House Bill 778 signed Monday "were purely technical" regarding assigning grades of penalties, Tredinnick said.

"It doesn't change how we are enforcing the law since the beginning of the year," he said. "So this last little piece of legislation combined with the legislation passed last year will make it tougher on drunk boaters in Pennsylvania."

Waterway conservation officers are the law enforcement arm of the commission. "Their job is to enforce the laws (of the state) that apply to recreational boating and fishing," Tredinnick said.

In about 80 percent of the boating accidents in the state, alcohol is a contributing factor, he said. "In a typical year, we will have about 50 to 80 violations.

"So far we've already seen 30 by the end of June," he said. "This is the prime time of boating that

we're coming into."

Grading and penalties include:

For the first offense, to undergo a mandatory minimum term of six months' probation and to pay a fine of \$300 and successfully complete an approved boating safety course.

For a second offense, to undergo imprisonment for not less than five days and to pay a fine of not less than \$300 nor more than \$2,500 and successfully complete an approved boating safety course.

For a third or subsequent offense, to undergo imprisonment for not less than 10 days and to pay a fine of not less than \$500 nor more than \$5,000 and successfully complete an approved boating safety course.

However, an individual who is involved in an accident resulting in bodily injury, serious bodily injury or death of any person or damage to watercraft or other property shall be sentenced as follows:

For a first offense, to undergo imprisonment for not less than 48 consecutive hours and to pay a

fine of not less than \$500 nor more than \$5000 and successfully completes an approved boating safety course.

For a second offense, to undergo imprisonment for not less than 30 days and to pay a fine of not less than \$750 nor more than \$5,000 and successfully completes an approved boating safety course.

The penalties and fines for further offenses increase substantially.

Submitted by Patrick Craig

Adapted from the Delaware County Daily Times

Jim Thorpe Festivals & Eventws

October 13-14 - Fall Foliage Festival - Crafters, food, entertainment, train rides, shopping - Railroad Station & downtown area

October 27-28 - Trick or Treat Weekend - Free treats from businesses for children in costume with an adult - Downtown Jim Thorpe

November 9 Customer Appreciation Night - Fantastic sales and specials - Downtown Jim Thorpe

November 30, December 1, 2, 8 & 9 - Olde Time Christmas Celebration Santa Claus, concerts, caroling, shopping, special events - Downtown Jim Thorpe

February - WinterFest - Ice sculptures, winter

games, hot chocolate & cool shopping - Railroad Station

March 16 - St. Patrick's Day Parade - Don your green and don't miss this fantastic parade - Broadway

March Girls Night Out Comedy at Mauch Chunk Opera House, special sales and FUN! - Throughout Jim Thorpe

bellamia

carbonara

siep

Haunted House

Halloween makes me think of Haunted Houses. I went on line and found one located in the outskirts of Allentown.

It is described as a "beautiful restored 18th century farmhouse. At one time it had been a horse farm. It is a two story house farm. The living room has a very high ceiling, French windows and a fireplace." The house was built by a Revolutionary War Soldier, George Schubert. Tragedy hit the Schubert family children when their children died of small pox.

Manifestations:

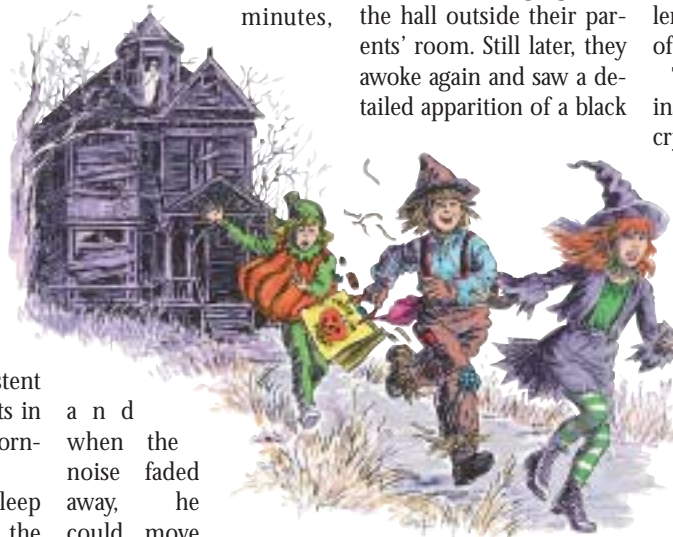
The M family moved into this lovely farm house, in 1977, but soon learned that a number of presences also resided in both the house and the barn. Some are friendly; some simply co-exist, while others try their best to scare the living

A lot of incidents happened late at night or in the wee hours of the morning. A favorite time was 3:00 AM. They also found the biggest period for manifestations to happen was the time around Christmas, and the month of April.

After they had first moved in, a phantom, unseen, galloping horse could be heard going around and around the house, kicking up non-existent gravel for several nights in the wee hours of the morning

Mr. M had fallen asleep on a chaise lounge on the first floor. Around 4 AM, he was awakened by a crackling and popping sound, sort of like a dog's nails hitting against the hard wood floor. As the noise got

louder and louder, he found that he couldn't move at all, and had a hard time breathing. This went on for a few minutes,



and when the noise faded away, he could move and breathe again. The whole process happened two more times.

Mrs. M saw an apparition of a red-eyed man sporting a handle bar mustache

peering into her little son's bedroom.

A lot of activity happens in the children's rooms. On Christmas Eve of 1981, their son and daughter were sleeping in the son's bedroom. They awoke to see a shimmering figure in the hall outside their parents' room. Still later, they awoke again and saw a detailed apparition of a black

of a previous owner.

During another Christmas season, they all sat down in the living room to admire the Christmas tree they had just finished decorating. Suddenly, some unseen presence took hold of the tree and shook it violently, until all the balls fell off.

There were many more instances such as little girls crying, foot steps in the attic and coming up the stairs, a latch rattling, etc. A frequent visitor is the apparition of a man dressed in black. The lower barn also appears to be haunted, with similar co-existences.

As of the 1990's occurrences still occur, but not as often.

haired man standing next to their bed, who was wearing a white shirt. The boy later was able to identify the man from a picture

If you would like to explore other Haunted Houses, just go online and type in "HauntedHouses.com"

key real estate

castle repair

all phase

laubscher

kerry clean

s & t coombe

m.t. jones

sandy valley

Never Get Sick!

Six simple habits can boost your immunity

1. Smile when you say that! Bob Hope made it to his 100th birthday, and so did George Burns. Coincidence? Maybe not. Laughter releases endorphins, those "feel good" hormones suspected of boosting immunity, and that might make you more resistant to disease, says Michael Irwin, M.D., of UCLA's David Geffen School of medicine. "At the very least, laughter reduces stress hormones, which we know have a bad effect on immunity," Irwin adds. If you are the strong, silent type, a good belly laugh now and then may be especially important. Along with its stress-busting properties, hearty laughter provides an aerobic workout similar to (if briefer than) that of more intense exercise such as jogging.

2. Bring up Bowser! Dog owners 50 and older see their doctors less often, have fewer illnesses, and recover more quickly when they are sick than is the case with their critterless counterparts. And the benefits go beyond what you'd expect from the added exercise of regular walks. "The simple act of petting an animal has been shown to lower blood

pressure by inducing an instant relaxation response," says Alan Beck, Sc.D., director of the Center for the Human-Animal Bond at the Purdue University School of Veterinary Medicine.

3. You snooze, you win. As if insomniacs didn't have enough to worry about; in a 20 year study, older people who tossed and turned for 30 minutes or more at night were twice as likely to die during the study as those who fell asleep soon after hitting the pillow. "Sleep is a marker of a person's overall well-being," notes study lead Mary Amanda Dew, Ph.D., a professor of psychiatry at the University Of Pittsburgh School Of Medicine. Poor sleep also increases hunger and impairs metabolism, which by themselves increase the risk of obesity and diabetes. "Try sprinkling your just washed pillowcases and bedding sheets with lavender water," suggests Katz. "It's one of several aromas that might promote sleep." To maximize your shuteye, consider going to bed 30 minutes later than usual. "If you make yourself stay up a little longer, it increases your body's need for sleep and you could fall asleep easier," Dew says.

4. Read a book. The more education you have, the healthier you are likely to be, studies show. And it's not just because people with college degrees tend to have more money, which means more access to doctors and medicine. Higher education is also linked to an ability to delay gratification, which means a reduced involvement with smoking and other risky behaviors.

5. Read a label. To manage your weight and avoid scores of diseases caused by or worsened by obesity-pay attention to the ingredients in the prepared foods you eat. The fewer ingredients, experts say, the better. "Many processed foods actually use salt to conceal sugar and artificial flavors, and use sugar to conceal salt and other flavors," says Katz. Different flavor categories stimulate different brain cells; sweet flavors will stimulate cells in one portion of the brain; salty in another and sour flavors, in yet another. The more cell areas in the brain stimulated in the same meal, the more food you need to eat to feel full. Filling your belly with "whole" foods such as unprocessed fruits, vegetables and grains instead of overly processed

foods tricks appetite-controlling brain cells into feeling fuller faster on less food, Katz says.

6. Gaze at your naval. Older adults who regularly practice Tai chi, a "soft style" Chinese martial art best known for improving flexibility and mood, are more resistant than peers are to shingles, a painful reactivation of the chickenpox virus, according to a study headed by Irwin. "Other studies find that practicing meditation can improve immunity

against influenza," he adds. Influenza, along with pneumonia, is the eighth leading cause of death. Researchers are exploring yoga, too, as a way to prevent fatigue and specific diseases. These practices strengthen memory T cells. You lose memory T cells as you age, but boosting their function can spare you a nasty return visit from an old foe.

Adapted from the AARP magazine

Do Not Call List

Pennsylvania residents who signed up for the Do Not Call List when it initially began in 2002, need to re-register by September 15th. This list is updated quarterly, so you can still sign up. Residents can re-register by calling 1-888-777-3406 or on line at www.attorneygeneral.gov or by writing to the Attorney General's office, Strawberry Square, Harrisburg, PA 17120., and give your phone number.

ross realty

ross realty

sirotnak

raponi

Towamensing Trails Security

Our security departments' monthly reports show that we had a very busy summer with an expected increase in activity and calls such as: alarms, dog complaints, noise complaints and fire works. We would like to remind all residents with alarm

systems that their alarm company needs to be given updated addresses. Very often an officer is dispatched to old lot numbers and the house has the new county assigned 911 number posted. This results in an unnecessary delay in response. This is also a good

time of year to change smoke detector and carbon monoxide detector batteries as many residents will be using their fireplaces for the first time this season. Please remember to use care when dumping old ashes on your property. In June this resulted

in a brush fire. Also ashes are not accepted at the TTPOA trash dumpsters. Dumpster hours are Monday, Wednesday, Friday, Saturday, Sunday from 7:00 am till 7 pm.

I would like to encourage all residents to do their part by being eyes & ears

for the security dept. If you think something is suspicious or have any security concerns we appreciate your calls. The officer on duty can be reached 24/7 at (570) 722-9563. All callers can remain anonymous if they wish. However, try to be specific about locations by giving the nearest cross-street.

On behalf of the Security Department staff and Intrepid Detective Agency I would like to thank the T.T.P.O.A. Board of Directors for their ongoing commitment to this community and their continued desire to work with the security department to keep Towamensing Trails a haven in the Pocono's.

Sincerely

Lt. Hadley R. Hayes
Pocono Area Manager

Never argue with a woman who reads...

One morning the husband returns after several hours of fishing and decides to take a nap. Although not familiar with the lake, the wife decides to take the boat out. She motors out a short distance, anchors, and reads her book.

Along comes a Game Warden in his boat. He

pulls up alongside the woman and says, "Good morning, Ma'am. What are you doing?"

"Reading a book," she replies, (thinking, "Isn't that obvious?")

"You're in a Restricted Fishing Area," he informs her.

"I'm sorry officer, but

I'm not fishing. I'm reading."

"Yes, but you have all the equipment. For all I know you could start at any moment. I'll have to take you in and write you up."

"If you do that, I'll have to charge you with sexual assault," says the woman.

"But I haven't even

touched you," says the game warden.

"That's true, but you have all the equipment. For all I know you could start at any moment."

"Have a nice day ma'am," and he left.

Moral: Never argue with a woman who reads. It's likely she can also think!

deleo

People sure stay busy trying to cheat us, don't they?

SCENE 1.

A friend went to the local gym and placed his belongings in the locker.

After the workout and a shower, he came out, saw the locker open, and thought to himself, "Funny, I thought I locked the locker. Hmm." He dressed and just flipped the wallet to make sure all was in order. Everything looked okay - all cards were in place.

A few weeks later his credit card bill came - a whopping bill of \$14,000! He called the credit card company and started yelling at them, saying that he did not make the transactions.

Customer care personnel verified that there was no Mistake in the system and asked if his card had

been stolen. "no," he said, but then took out his wallet, pulled out the credit card, and yep - you guessed it - a switch had been made. An expired similar credit card from the same bank was in the wallet.

The thief broke into his locker at the gym and switched cards.

Verdict:

The credit card issuer said since he did not report the card missing earlier, he would have to pay the amount owed to them.

How much did he have to pay for items he did not buy?

\$9,000! Why were there no calls made to verify the amount swiped?

Small amounts rarely trigger a "warning bell"

with some credit card companies.

It just so happens that all the small amounts added up to one big one!

SCENE 2.

A man at a local restaurant paid for his meal with his credit card.

The bill for the meal came, he signed it, and the waitress folded the receipt and passed the credit card along. Usually, he would just take it and place it in his wallet or pocket.

Funny enough, though, he actually took a look at the card and, lo and behold, it was the expired card of another person. He called the waitress and she looked perplexed. She took it back, apologized, and hurried back to the counter under the watch-

ful eye of the man.

All the waitress did while walking to the counter was wave the wrong expired card to the counter cashier, and the counter cashier immediately looked down and took out the real card. No exchange of words --- nothing! She took it and came back to the man with an apology.

Verdict:

Make sure the credit cards in your wallet are yours. Check the name on the card every time you sign for something and/or the card is taken away for even a short period of time. Many people just take back the credit card without even looking at it, "assuming" that it has to be theirs.

FOR YOUR OWN SAKE, DEVELOP THE HABIT OF CHECKING YOUR CREDIT CARD EACH TIME IT IS RETURNED TO YOU AFTER A TRANSACTION!

SCENE 3:

Yesterday I went into a pizza restaurant to pick up an order that I had called in.

I paid by using my Visa Check Card which, of course, is linked directly to my checking account. The young man behind the counter took my card, swiped it, then laid it on the counter as he waited for the approval, which is pretty standard procedure.

While he waited, he picked up his cell phone and started dialing. I noticed the phone because it is the same model I have, but nothing seemed out of the ordinary. Then I heard a click that sounded like my phone sounds when I take a picture. He then gave me back my card but kept the phone in his hand

as if he was still pressing buttons.

Meanwhile, I'm thinking: I wonder what he is taking a picture of; oblivious to what was, really going on. It then dawned on me: the only thing there was my credit card, so now I'm paying close attention to what he is doing. He set his phone on the counter, leaving it open. About five seconds later, I heard the chime that tells you that the picture has been saved.

Now I'm standing there struggling with the fact that this boy just took a picture of my credit card. Yes, he played it off well, because had we not had the same kind of phone, I probably would never have known what happened. Needless to say, I immediately canceled that card as I was walking out of the pizza parlor.

All I am saying is, be aware of your surroundings at all times

Whenever you are using your credit card take caution and don't be careless.

Notice who is standing near you and what they are doing when you use your card..

Be aware of phones, because many have a camera phone these days.

When you are in a restaurant and the waiter/waitress brings your card and receipt for you to sign, make sure you scratch the number off. Some restaurants are using only the last four digits, but a lot of them are still putting the whole thing on there.

The truth is that they can get you even when you are careful, but don't make it easy for them.

Adapted from the Internet



**FITNESS-FUN
FOR-FREE**

**Come join us starting
September 18th. The TLTC
is offering a Aerobics
class at the club house
from 10 to 11am. They will
continue every Tuesday &
Thursday at the same
time. Come join your
friends and neighbors and
get in shape at the same
time.**

Jokes

MEXICAN JEWS

Two Jewish men, Sid and Al, were sitting in a Mexican restaurant. Sid asked Al, "Are there any people of our faith born and raised in Mexico?"

Al replied, "I don't know, let's ask our waiter." When the waiter came by, Al asked him, "Are there any Mexican Jews?" The waiter said, "I don't know Senor, I'll ask the cooks." He returned from the kitchen in a few minutes and said, "No sir, no Mexican Jews." Al wasn't really satisfied with that and asked, "Are you absolutely sure?" The waiter, realizing he was with "Gringos" gave the expected answer.

"I will check again, Senor!" and went back into the kitchen. While the waiter was away, Sid said, "I find it hard to believe that there are no Jews in Mexico, our people are scattered everywhere." The waiter returned and said "Senor, the head cook said there is no Mexican Jews." "Are you certain?" Al asked once again. "I can't believe there are no Mexican Jews!"

"Senor, I ask EVERYONE," replied the exasperated waiter, "All we have is Orange Jews, Prune Jews, Tomato Jews, and Grape Jews!"

SPAGHETTI

A wealthy man was having an affair with an Italian woman for several years. One night, during one of their rendezvous, she confided that she was pregnant. Not wanting to ruin his reputation or his marriage, he would pay her a large sum of money if she would go to Italy to secretly have the child. If she stayed in Italy to raise the child, he would also provide child support until the child turned 18. She agreed, but asked how he would know when the baby was born. To keep it discrete, he told her to simply mail him a post card, and write "spaghetti" on the back. He would then arrange for child support payments to begin.

One day, about 9 months later, he came home to his confused wife. His wife said, "Honey, you received a very strange post card today." Oh, just give it to me and I'll explain it," he said. The wife handed him the card and watched as her husband read the card, turned white and collapsed.

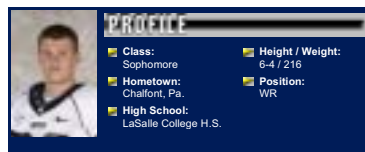
On the card was written; "Spaghetti, Spaghetti, Spaghetti. Two with meatballs, one without! Request bread!"

Occasions & Happenings

Our best wishes and prayers go to Joan Deter, who is in rehab after a bad spell of ill health. Joan is a member of the publications committee, so we especially miss her input.

Get well soon and be back to your old self soon Joan.

If you have any items you would like included in this article, please bring it to the Teepee and ask that it be placed in the Publication folder. Please include your name and phone number or e-mail address.



High School: A three year letterwinner in both football and track ... As a wide receiver, had 22 receptions his senior season despite injury ... Also helped lead La Salle to back-to-back divisional titles in track, earning All-Catholic honors in 2005 and 2006.

Personal: Born August 19, 1988 in Philadelphia, Pa. ... The son of Richard and Catherine Cosgrove ... President of the National Honor Society and a National Merit Finalist.

I am proud to share this news of my grandson, Rick. I have seen him play when he was in high school, and now I am looking forward to attending his game in October against the University of PA.

Submitted by Dolores Cosgrove

Steve Chiu turned 60



Our best wishes and prayers go to Joan Deter, who is in rehab after a bad spell of ill health. Joan is a member of the publications committee, so we especially miss her input.

Get well soon and be back to your old self soon Joan.

If you have any items you would like included in this article, please bring it to the Teepee and ask that it be placed in the Publication folder. Please include your name and phone number or e-mail address.



The Regatta #3 parade took place on July 28 at early dusk. There were about 12 decorated poonton boats, owned by our Property Owners. The creative talent shown on these beautifully decorated boats was amazing. There was a theme for each one, such as "Support the Troops", "The Sopranos", "The Hawaiian Islands", etc. There were also a few smaller boats in the parade.

This wonderful show was organized by The Monastra family and friends. We hope this event will continue in the future years.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 <i>Columbus Day Office will CLOSE at 3 p.m.</i>	9 <i>Township Meeting 7 p.m.</i>	10	11	12	13 <i>Board of Directors Meeting 10 a.m.</i>
14	15	16	17	18	19	20
21	22	23	24	25	26	27 <i>Boats must be removed from racks. Children's Halloween Party 10 a.m -12 p.m</i>
28	29	30	31 <i>Halloween</i>			

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <i>Property Owner Assessment Invoice to be mailed</i>	2 3
4 <i>End Daylight Savings</i>	5 <i>Township Meeting 7 p.m.</i>	6 <i>Election Day</i>	7	8	9	10 <i>Board of Directors Meeting</i>
11 <i>Veteran's Day</i>	12	13	14	15	16	17
18	19	20	21	22 <i>Thanksgiving Day Office Closed</i>	23 <i>Office is Closed</i>	24
25	26	27	28	29	30	

Senior Center Picnic

Penn Kidder Senior Center held their annual picnic on July 25 at the Mauch Chunk Lake Park in Jim Thorpe. Approximately 65 people attended. The weather was perfect, the food was delicious and the games were fun. A good time was had by all.

Many thanks to manager, Peggy Hittner and her helpers for organizing this event.



Torrential Rainstorms

TORRENTIAL RAINSTORMS had knocked down power lines all over the city, and the electric company was dispatching repairman right and left. When one lineman called a long time customer to ask her exact address, he was told "I'm at Post Office Box 99."

The weary lineman replied, "Ma'am, I'll be coming to you in a truck, not an envelope."

Do you have your 911 numbers posted?



Library News

You may have noticed that we now have several cookbooks in the library. When you return books you have borrowed, please leave them on the table. We have a few volunteers who will put them back on the shelves. We can't take magazines any more or technical books.

Thanks for your help.

Have you heard what's going on at the Towamensing Trails Gameroom (Arcade) ?

(located below the clubhouse near the pool & beach)

Someone could win a complete

Nintendo Wii

video game system

(over a \$400 value)

"Super Wii Bundle"

console - AC adapter - AV cable - Wii stand & plate - sensor bar & stand
2 - Wii remotes w/strap - 2 - Wii Nunchuk controllers

GAMES - included :

TENNIS - BASEBALL - GOLF - BOWLING - BOXING
FISHING - LASER HOCKEY - TABLE TENNIS - BILLIARDS - AND MORE

Write your name and phone number (include area code if not 570)

on the back of the tickets you get

when playing the redemption games in the gameroom.

Place the "separated" tickets in the ticket container on the wall.

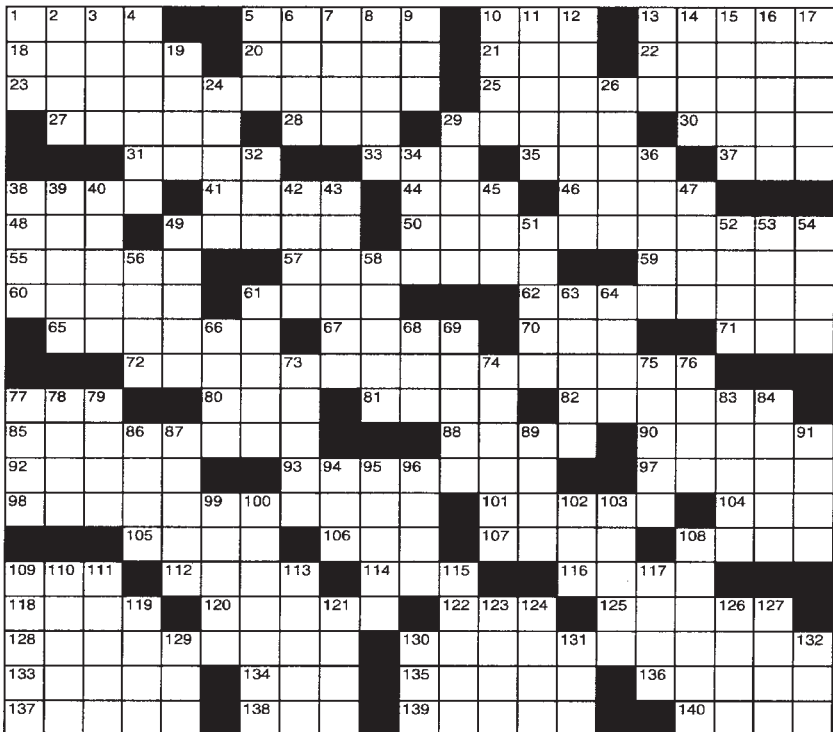
Winner will be drawn Saturday December 22nd 2007.

(you do not have to be present to win)

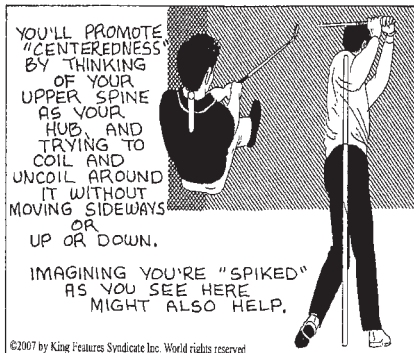
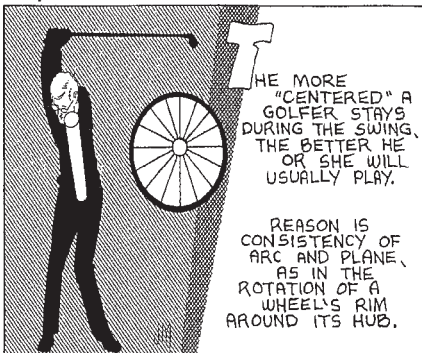
Super Crossword

STROKES OF GENIUS

- ACROSS**
- 1 In addition
 - 5 Throw out
 - 10 Spoil
 - 13 Deadly
 - 18 Soprano
 - 20 Country home
 - 21 — trip
 - 22 Actress
 - 23 Start of a remark by Kirk
 - 25 Of interest to Byrd
 - 27 "The Woman —" ('84 film)
 - 28 Football's Luckman
 - 29 Beg
 - 30 Can't stand
 - 31 Like sale merchandise
 - 33 Bath, e.g.
 - 35 Sunflower support
 - 37 Aye opponent
 - 38 — year
 - 41 Close
 - 44 Baseball's Mel
 - 46 Marge in the fridge
 - 48 Every last bit
 - 49 Singer McKee
 - 50 Part 2 of remark
 - 55 Taco
 - 57 topping
 - 59 Braga or Sanchez
 - 60 That's no bull!
 - 61 Petite pie
 - 62 Wages
 - 65 Menuhin's teacher
 - 67 Rounded roof
 - 70 Language suffix
 - 71 Boy king
 - 72 Part 3 of remark
 - 77 Heifer or hen
 - 80 Ipanema's locale
 - 81 Warty one
 - 82 Porthos' pal
 - 85 Faraway place
 - 88 Director Reitman
 - 90 Detection device
 - 92 Violinist Mischa
 - 93 Arizona town
 - 97 Northern hemisphere?
 - 98 Part 4 of remark
 - 101 '39 Wimbledon winner
 - 104 Santa —, CA
 - 105 Sojourn
 - 106 "Ben- —"
 - 107 (59 film)
 - 108 Neighbor of Java
 - 108 Rock's Stefani
 - 109 Brit. fliers
 - 112 Jazzman Zoot
 - 114 Female elephant
 - 116 Mythological meany
 - 118 Pennsylvania port
 - 120 Bite
 - 122 Charles S. Dutton sitcom
 - 125 Spanish dramatist
 - 128 A Dead End Kid
 - 130 End of remark
 - 133 Subside
 - 134 Jack of "Flower Drum Song"
 - 135 Cosmetician
 - 136 New Archangel, now
 - 137 Made a bundle?
 - 138 Big bang letters
 - 139 Yarn
 - 140 For fear that
 - 4 Swaddle
 - 5 Little rocker?
 - 6 Lively dances
 - 7 Morlocks' prey
 - 8 Oafs
 - 9 Smidgen
 - 10 It should be square
 - 11 Bronte's "— Grey"
 - 12 Type of muscle
 - 13 — -de-lance
 - 14 Shoe part
 - 15 Big guy
 - 16 Japanese dog
 - 17 Cagney's partner
 - 19 Leon of "Mister Ed"
 - 24 Minnesota city
 - 26 Writer Rogers St. Johns
 - 29 Couturier Jean
 - 32 Round Table title
 - 34 Hand-shakers
 - 36 The Brainy Bunch?
 - 38 Glasgow girl
 - 39 Gladden
 - 40 Writer Drury
 - 42 "Bhagavad- —"
 - 43 Beehive or bouffant
 - 45 Poetic monogram
 - 47 Smell
 - 49 Jean of "Upstairs, Downstairs"
 - 51 Ruhr Valley city
 - 52 "What's — for me?"
 - 53 Place
 - 54 Queue tip?
 - 56 Takes in
 - 58 Portly
 - 61 Namely
 - 63 City on the Nile
 - 64 Annealing oven
 - 66 Irish county
 - 68 Hua's predecessor
 - 69 Monitor message
 - 73 Mormon leader
 - 74 Infinitive splitter, often
 - 75 Desert refuge
 - 76 Downtown miasma
 - 77 Dance maneuver
 - 78 Boot —
 - 79 Poet Lazarus
 - 83 Dowry downside?
 - 84 French river
 - 86 Salutes the moon?
 - 87 Components
 - 89 — Minor
 - 91 Colt color
 - 94 Fireworks reaction
 - 95 "Alceste" composer
 - 96 Curly coif
 - 99 Chan
 - 100 She'll flip for you
 - 102 Day- —
 - 103 Tenor
 - 108 Beniamino
 - 108 Little pet
 - 109 Change for the better
 - 110 Oranjestad's locale
 - 111 Ultimate
 - 113 Drawing room
 - 115 Pulse place
 - 117 "Friends" role
 - 119 Ending for leather
 - 121 Thicken
 - 123 Nobelist Stern
 - 124 "Dark Lady" singer
 - 126 Sheep shed
 - 127 Interrogates
 - 129 Oxford omega
 - 130 Craven or Unsold
 - 131 "— Paula" ('63 song)
 - 132 Tended a tot



Play Better Golf with JACK NICKLAUS



Sudoku

by Linda Thistle

4			3					5	9
		1	9		7	8			
6	8			2				7	
		3			4			8	1
2			5	6			9		
	1	5		3					2
	9		4		8			6	
	2			1		4			5
3	4				2	7			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

© 2007 King Features Synd., Inc. World rights reserved.

MAGIC MAZE ● U.S. PRISONS

N I F D B Y W U S Q O M K I F
 D B Z X W U S Q O J N Y N S L
 J L E A V E N W O R T H I H F
 G D S C L M A L A I F L T Z Y
 W N V I O D I L C L I T N A N
 A S I S S E E N O E Q O E R P
 N T L S T R O R N G I L U T K
 I O T H G N E C S R N B Q A F
 F E C I A N M K A O U A N C B
 Z Y W C C V I M I A N U A L S
 R Q P E T A T S N R E T S A E

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

- Alcatraz
- Auburn
- Joliet
- Rikers Is.
- Alderson
- Canon City
- Leavenworth
- San Quentin
- Angola
- Eastern State
- Marion
- Sing Sing
- Attica
- Florence
- McNeil Is.

© 2007 King Features Synd., Inc. World rights reserved.

Answers on page 23

Striving for clean drinking water in the Trails

We are new residents in Towamensing Trails, having relocated to Pennsylvania from Putnam County, NY, to be nearer to our son and his family in Saylorsburg. When we bought our home in Lake Carmel, NY, the well was in place. We maintained that well for thirty-three years and were blessed with good quality drinking water. The new venture of drilling a well necessitated research. What we discovered was that:

1. In Pennsylvania there are no private water well construction standards.
2. In Pennsylvania there are no state regulations that require private well owners to test their drinking water.

3. Before drilling a new well it is critical to remember the old phrase, location, location, location is everything!
4. Some very basic maintenance steps taken by each well owner can help insure clean water for each family and the entire community as well.

With research, we discovered The Penn State Master Well Owner Network. We decided to take the training and join this program of volunteers, to promote proper well management in Pennsylvania.

Let's start with new well construction. If you are

building a new home or drilling a new well, understand the topography of your property and the flow of groundwater. Locate wells at least fifty feet from septic tanks and at least one hundred feet from on lot sewage absorption (sand mound) fields. Since we don't have farms in Towamensing Trails, we don't need to discuss farm issues here. Avoid locating a well where ground water comes within ten feet of the soil surface, even during flooding conditions. Select a well driller who is voluntarily certified by either the National Ground Water Association or the Pennsylvania Ground

Water Association. Be sure the well driller has adequate equipment. Use a contractor who submits well logs and will supply you with a written contract. More information is available in the MWON fact sheet, DRILLING A NEW WELL. Be sure to have the well casing at least eight inches above the ground, so surface water will never enter the well. The ground should slope away from the well to prevent "ponding". A pitiless adapter should be used where the water pipe passes through the well casing below the frost depth. A sanitary well cap should be used at the top of the casing to prevent insects, small mammals and surface contaminants from entering the well. Have your well grouted at the time of construction. This grouting will mean additional costs initially but will be well worth the expense in the long run. The clay grout or cement will fill the space between the well casing and the drill hole and prevent surface water contamination. Grouting is possible after the well is in use, but it can be much more difficult and add considerable expense. Make sure you receive a water yield report before construction is complete. Be sure the well is disinfected using shock chlorination. All faucets, hose bibs and valves should be open during the disinfection process. Get a copy of the completion report from your well driller and keep it with your important home paperwork.

total dissolved solids every three years. Test your water if health issues such as gastro-intestinal symptoms manifest themselves or if your water appears cloudy or discolored. Use a CERTIFIED LABORATORY or contact your local Extension Educator for information on The Penn State Water Testing Facility nearest you. NEVER make decisions about your private water system based on a "free analysis" offered by a company selling treatment equipment. All decisions should be based on water tests conducted by a state certified water testing laboratory.

More information is available through The Master Well Owners Network at mwon.cas.psu.edu. Or Penn State Water Resources Extension www.sfr.cas.psu.edu/water.

We have noticed many of the older type, non-sanitary well caps in use here in Towamensing Trails. Your first step to cleaner drinking water is to have your water tested for coliform bacteria and have a sanitary well cap installed. We would be glad to demonstrate a sanitary well cap or help with any questions you may have. We do not have any affiliation with well drillers or plumbers. Our interest is solely as homeowners and MWON volunteers. We all share common aquifers and we want to help promote clean drinking water awareness to our fellow residents here in The Trails. Write us if we can help!

Martin & Julie Foley
PO Box 217
Albrightsville, PA
18210-0217

Test your drinking water annually for total coliform bacteria. Test for ph and

CHECK OUT THE GAME ROOM! (Arcade)

Located below the
Clubhouse near the beach & pool

OPEN during the "School Year"
Fridays 4 - 9 pm / Saturdays 1 - 9 pm / Sundays 1 - 6 pm

Games for all ages
including Mom, Dad, and the little ones

There are even games that kids
can play "head to head" against the "big people".

LIKE :

pool - air hockey - foosball
Extreme Hunting - Police Trainer
Area 51 / Maximum Force - video Paintball
catch "Bees" - wack "Gators" - race "Frogs"
bash "Bugs" - bop "Monkeys"
"California Speed" & "Hydro Thunder" racing
"Nicktoons" racing - Jambo Safari - flight simulator
Super Mario Brothers - SkeeBall
Pacman - Ms. Pacman - Galaga - Frogger - Space Invaders
Centipede - Millipede - Donkey Kong - Donkey Kong jr.
& ALL the classic video games
Pinball machines
a JukeBox with all the latest hits
and more

* The Gameroom is available for kiddie parties *
Check with Miriam at the Tee Pee for more information !

PENN-KIDDER SCHOOL NEWS

OCT. 9 PTA Meeting - 6:30 NOV. 27-30 Holiday Shop
 OCT. 27 Falls Festival NOV. 22-27 Thanksgiving Holiday

liberty homes

RECIPES

Everyone knows vegetables are good for you. Here are two from "Towamensing Trails Favorite Family Recipes Cookbook." The whole family will enjoy.

ZUCCHINI CHEESE CASSEROLE

- 3 c finely grated zucchini
- 1 c cracker crumbs
- 1 c grated cheddar cheese
- 2 beaten eggs
- 2T chopped onion

Combine all ingredients in a well buttered casserole dish. Bake at 350 degrees for 1 hour.

BROCCOLI CASSEROLE

- 2 pkgs frozen chopped broccoli, cooked and drained
- 1 c mayonnaise
- 1 sm onion, chopped
- 1 can cream of mushroom soup
- 2 eggs, beaten

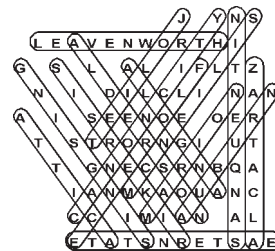
Topping:

- 1 c crushed Ritz crackers
- 1 c shredded Cracker Barrel cheese

Mix all ingredients and place in a large casserole. Add topping and bake at 350 degrees for 35 minutes.

These recipes, and many others, may be found in the Towamensing Trails cookbook on sale in the Teepee.

Answers from page 21



4	7	2	3	8	6	1	5	9
5	3	1	9	4	7	8	2	6
6	8	9	1	2	5	3	7	4
9	6	3	2	7	4	5	8	1
2	4	8	5	6	1	9	3	7
7	1	5	8	3	9	6	4	2
1	9	7	4	5	8	2	6	3
8	2	6	7	1	3	4	9	5
3	5	4	6	9	2	7	1	8

E	L	S	E		E	J	E	C	T		M	A	R		F	A	T	A	L		
L	E	O	N	A		V	I	L	L	A		E	G	O		E	R	I	K	A	
S	H	O	W	M	E	A	G	O	O	D		A	N	T	A	R	C	T	I	C	
	I	N	R	E	D		S	I	D		P	L	E	A	D		H	A	T	E	
			A	S	I	S				S	P	A		S	T	E	M		N	A	Y
L	E	A	P		N	I	G	H		O	T	T		O	L	E	O				
A	L	L		M	A	R	I	A		L	O	S	E	R	A	N	D	I	L	L	
S	A	L	S	A		T	I	S	S	U	E	S		S	O	N	I	A			
S	T	E	E	R		T	A	R	T		S	A	L	A	R	I	E	S			
	E	N	E	S	C	O		D	O	M	E		E	S	E		T	U	T		
			S	H	O	W	Y	O	U	A	M	A	N	W	H	O	S				
S	H	E			R	I	O			T	O	A	D		A	R	A	M	I	S	
T	I	M	B	U	K	T	U			I	V	A	N		S	O	N	A	R		
E	L	M	A	N			N	O	G	A	L	E	S			I	G	L	O	O	
P	L	A	Y	I	N	G	G	O	L	F		R	I	G	G	S	A	N	A		
			S	T	A	Y		H	U	R		B	A	L	I		G	W	E	N	
R	A	F		S	I	M	S		C	O	W		O	G	R	E					
E	R	I	E		S	N	A	C	K		R	O	C		L	O	R	C	A		
H	U	N	T	Z	H	A	L	L		W	I	T	H	H	I	S	B	O	S	S	
A	B	A	T	E		S	O	O		E	S	T	E	E		S	I	T	K	A	
B	A	L	E	D		T	N	T		S	T	O	R	Y		L	E	S	T		

centennial